ACCELERATION

Patients may choose to "accelerate" their TMS treatment to achieve improvement or remission in as little as 5 days.

- Traditional TMS typically involves 2 treatments per day, totaling 36 sessions, and is covered by most insurance plans.
- Accelerated TMS involves 5 to 10 treatments per day, totaling 50 sessions, providing relief in as little as 5 days. However, only a fraction of these treatments may be covered by insurance, with the remainder requiring selfpay.

Your treatment plan will be tailored to your medical history, diagnosis, and other factors, making the consultation process essential.

PRISM & MORE

We are committed to providing breakthrough, rapid-acting mental health treatments to those in need. This includes both currently cleared and soon-to-be-cleared treatments, such as:

- PRISM Neurofeedback for PTSD
- Monarch eTNS® for ADHD
- GammaCore™ nVNS for headaches

After your consultation and based on your diagnosis, the provider will discuss the recommended treatment options with you.



MISSION

We're on a mission to end mental health suffering.

We are a South Carolina-based 501(c)(3) nonprofit organization who's mission is "to glorify God by providing all those in mental health need with the latest evidence-based treatments to live a restored life, in peace, and free from suffering."

We provide FDA-cleared, rapid-acting mental health treatments that offer swift relief to all, while fostering meaningful conversations to eradicate stigma and promote the pursuit of effective treatments and healthy living without shame.

DEPRESSION ANXIETY PTSD

A 501(C)(3) NONPROFIT CORPORATION

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FDA-cleared breakthrough treatments that can achieve remission from lifelong mental health struggles in as little as one week.

WHAT IS TMS?

Transcranial Magnetic Stimulation (TMS), a "Home State Innovation," was first researched right here in the Palmetto State at the Medical University of South Carolina (MUSC) in the 1980s and has undergone rigorous clinical trials for decades. It is an FDA-cleared, drug-free, non-invasive procedure that uses magnetic fields to stimulate nerve cells in the brain.

The magnetic fields are generated by a treatment coil that's placed over the head and rapidly turns the fields on and off. The fields are similar to those produced by an MRI machine, but are much smaller in area because the TMS magnet is smaller.





QUICK FACTS

- TMS is backed by 40+ years of research.
- TMS has been FDA-cleared since 2008.
- TMS utilizes magnetic stimulation, similar to an MRI, only with a smaller magnet.
- TMS is <u>not</u> ECT or "shock therapy" as it does <u>not</u> use electrical currents.
- TMS "retunes" neurons by stimulating specific areas of the brain, helping them function more harmoniously with the rest of the brain, promoting balanced brain activity.
- TMS is safe and non-invasive, with a proven track record of use in patients as young as 10 and as old as 86.

OUTCOMES

The world's most advanced mental health treatment is here in Myrtle Beach.

For Depression & Anxiety:

- Up to **79%** of patients experience complete remission with accelerated TMS.
- 86% of patients reported sustained improvement or remission for at least a year.
- TMS has been proven especially effective for those who haven't found relief from multiple antidepressants and talk therapy.

For OCD:

- **72%** of patients experience significant improvement in their OCD.
- Nearly 90% of patients reporting sustained improvement or remission of their OCD symptoms for at least a year, offering hope for long-term recovery.
- TMS has achieved an impressive remission rate of over **31%**, significantly outperforming medication and psychotherapy combined.

EXPERIENCE

- You can drive yourself to and from the clinic, and many patients return to work or school right after.
- Patients can work, eat and go about normal activity between treatment sessions.
- There's no special preparation needed you can eat normally, take your medications, and won't be put to sleep during TMS.

OTHER USES

Does TMS treat more than depression? Yes!

TMS may be prescribed for additional conditions including, but not limited to:

- Obsessive-Compulsive Disorder
- Generalized Anxiety Disorder
- Post-Traumatic Stress Disorder
- Alcohol Use Disorder (AUD)
- Personality Disorders
- ADD/ADHD
- Bipolar Disorder
- Smoking Cessation
- Traumatic Brain Injury (TBI
- Early-Stage Alzheimer's

FAQS

- Are there any side effects? TMS is safe and well-tolerated. Some people experience mild, temporary side effects like headaches or scalp irritation, which can be addressed during intake.
- Does insurance cover it? Yes! We are committed to making breakthrough mental health care accessible to everyone. Please visit livingwaterclinics.com/fees for currently accepted insurances.
- Are there self-pay options? For patients
 whose insurance we don't accept or those
 seeking accelerated TMS, we offer self-pay
 options and a generous financial hardship
 policy. Contact us to learn more.
- **Do I need a prescription for TMS?** Yes, which is why your first step is to request a consultation online today.
- Do you accept VA health benefits and Tricare? Yes! It's our honor to serve those who have served.

